

## CO.med 10/2022 – Literatur

**Titel:** Flavonoide als Hemmstoffe der Xanthinoxidase – Alternatives Management der Hyperurikämie durch Nutritiva und Phytotherapeutika (S. 12–15)

**Autor:** Jens Bielenberg

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**Titel:** Coenzym Q10 und Riboflavin zur Prophylaxe von Migräneattacken – Hilfe durch adjuvante Therapieoptionen (S. 16–17)

**Autor:** Heike Lück-Knobloch

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**Titel:** Supplementierung in der Zahnmedizin – Vitalstoffoptimierung mithilfe von orthomolekularer Therapie (S. 22–24)

**Autor:** Dr. med. dent. Holger Scholz

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**Titel:** Gesund und vital altern – Was haben NMN, Resveratrol und Spermidin damit zu tun? (S. 46–48)  
**Autor:** Jürgen Lueger

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**Titel:** Gesprächsführung mit chronisch kranken Jugendlichen und ihren Eltern – Anregungen für die Gesprächsgestaltung in schwierigen Situationen (S. 68–70)

**Autor:** Dr. Hedwig Freitag

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